



THE HOURGLASS

Connecting with Caversham

July 2007

As always by mid-year, Caversham has a lot to report. The steady flow of activities has been demanding of participants and Caversham staff, but the rewards in terms of product and self-development have been very satisfying for all involved.

As you read through this newsletter, keep in mind the individual participants, who have now returned to their communities, taking with them practical tools for change and empowerment, thus spreading Caversham's energy and influence ever wider.

N E T W O R K I N G

Extending the Vision



A Creative Cultural Dialogue Residency was held over three weeks in January/February. This international residency was attended by Lyndwoodt Jenkins and Lillian Blades of the USA and Siphon Hlati and Max Marhanele of South Africa. Both Lyndwoodt and Max are writers, and their interaction with the visual artists made for interesting products. Siphon is part of the Cape Town based Art@School partnership with Caversham. Lyndwoodt was our inspirational writer in the January 2007 Hourglass.

Maurice Webb Race Relations Unit, UKZN. Also in February, site visits were made to three CreACTIVE™ Centres in partnership with **MWRRU** Team of Sdu Zulu and Winnie Ogana. CreACTIVE™ Centres visited were Isipho and Ikhayaletu at Mtubatuba and Hlanganani in Rorkes Drift.

Journey of Inspiration Fellowship: February/March
Again in partnership with **MWRRU and the Maputaland Development and Information Centre (MDIC)**, a 5 day Fellowship was held at CCAW for 4 young women from Maputaland. Attending were: Lungile Khumalo, Yandisile Tembe, Nobuhle Khumalo and Zanele Mthembu.

Epos and Frans Masereel Center. Veerle Rooms and Wim Persoon visited Caversham to share the progress made with Epos II and to discuss plans to exhibit Epos I and II in Stellenbosch in April 2008. It also provided us an opportunity to celebrate Veerle's 60th Birthday!

Rutgers University Paper Specialist, Anne McKinnon and Sue Gosin, Founder of **Dieu Donné Paper Mill & Press**, visited Caversham over a weekend, accompanied by an intern.



Specialist Residency. In March, an unusual 5 day residency took place in the form of a jewelry workshop, facilitated by specialist **Chris Morewood**. This highly successful and innovative workshop was attended by CreACTIVE™ Centre catalysts including: Phindile Manyoni, Khululiwe Mabanga, Mapule Motau, Witty Nyide, and Phumzile Dlamini, all of whom will share these skills in their CreACTIVE™ Centres.

MDIC Partnership. In the busy month of March, Jabu was invited to attend a three-day partners meeting at the Maputaland Zooming Site together with the **WK Kellogg Foundation** Team: This also provided an opportunity to meet with the Kellogg Africa Programmes Team from Pretoria.

Dahler Rowney/ Colourcraft/ Parker Craft sponsored materials for a Printmaking Workshop run at CCAW in March. This workshop was facilitated by **Peter Jones** from DIT in Dublin, Ireland and was attended by: Vuli Nyoni, Natalie Fossey, Petros Ghebrehiwot, Sandile Sibiyi, Musa Mncwabe, Mxolisi Sithole and Xolani Duma. Whilst at Caversham, Peter also engaged with **UKZN, DUT, Michaelhouse School** and Caversham's local community through Ulwazi CreACTIVE™ Centre at **Jabula School**.



Vision-Sharing Fellowship. This 5 day Residency programme in May was aimed at building support for CreACTIVE™ Centre catalysts. Those attending were Gladys Ngwenya, Sabathile Buthelezi, Bongzi Zuma and Mapule Motau, representing Isipho, Khayaletu, and Ulwazi CreACTIVE™ Centres respectively.

Isipho CreACTIVE Centre™ Workshop was run in May when Mapule Motau and Gabi shared the Jewelry skills from the Specialist Residency with the women who work at the centre.

Vision-Sharing Fellowship: MDIC In June two of the participants from the February/March *Journey of Inspiration Fellowship*, Lungile and Yandisile, brought members from their community to Caversham. These people will provide support systems for their CreACTIVE™ Centres. Those attending were: Lungile Khumalo, Yandisile Tembe, Phumelele Mkhwanazi, Hlengiwe Shabangu and Nomathemba Ndlovu.

Oprah Winfrey Leadership Academy for Girls hosted arts workshops in June. These were run by local and overseas Facilitators. Gabi was invited as a South African representative and she ran CreACTIVE™ workshops for the girls. She was ably assisted by Senamile Zuma, the impressive young poet featured in our June 2006 newsletter. During this time, Caversham was visited by the Oprah Winfrey Foundation Team to explore a possible partnership with schools in the Shayamoya Community of KZN.

I N N O V A T I O N Continually evolving

CreACTIVE™ Centres

The most exciting news is that application for the registration of “**CreACTIVE**” as a Caversham Trademark has been undertaken in order to build the profile of Caversham and support the innovative CreACTIVE™ Centre model which uses the Caversham Hourglass Process as the basis of programmes.



Along with the ongoing development of the Caversham Hourglass Programmes, both in-house and beyond, Jill Sachs has expanded the workshop programme for the eYe (Early Years Education) teacher training courses to include the International Child Development Programme. This humanitarian programme is offered in twenty-six countries to help improve relationships between adults and children. Jill will attend a Southern Africa workshop in Mozambique to complete her training as an internationally accredited facilitator.

At Kwambonambi, one of the CreACTIVE™ Centres offering eYe programmes, the children created a labyrinth using old bottles. Guided by regional eYe Manager Susan Bonney and having found the 'right spot', the young learners encouraged taxi drivers to source 'old coke bottles', mapped out the course, then successfully completed the labyrinth. They now use it as a quiet place to reflect.

In line with inspiring teachers of future generations M'frika Mtiya, who interned with us in 2006/7, is currently enrolled as a full time student at Edgewood Teachers Training College. Zama Dunywa, an artist who attended a residency in 2006 is also enrolled fulltime at the College.

Assistance in developing the *Friends of Caversham* has been forthcoming from Board members such as our Chairman, John Samuel and KZN BASA representative Nicky Du Plessis. Nicky has encouraged Sharlene Versfeld and Illa Thompson, both of whom have a wealth of experience, to assist with the structure and promotion of the *Friends*. Anne Schaffer, well-known Durban writer, visited Caversham during the January Creative Dialogue Residency and produced a wonderful article for Property Magazine which received positive response and increased interest.



I N S P I R A T I O N

Inspiration in the Individual and the Individual as Inspiration

Continuing Inspiration in the Individual

Once again, our very own Gabisile Nkosi features as an inspiration to all! Gabi has been involved in some highly prestigious projects, one of which was her selection as the most appropriate artist to make a print for a limited edition book for Professor Kunene of the Mazizi Kunene Foundation.

Another high profile project was Gabi's inclusion in a group of six artists who were each invited to produce a print for inclusion in a presentation pack for ten world famous leaders invited to speak at the South African Investment Summit.

Gabi was once again invited to stand as a judge in the Nivea Art Awards.

As well as the successful exhibition, *Healing*, at Indigo Fields, Gabi collaborated with international artists in a unique performance combination of American poetry and photography, South African art, Argentinian vocals, Spanish-Galician bagpipes and Spanish music. The concert exhibition was held in Boston, Massachusetts. Because of other commitments Gabi was unable to attend, but her work was very well received. Gabi's images and the poetry of American writer, Amy West were put to music by the very talented Spanish composer, Montserrat Torras.



Maintaining Inspiration

Caversham "Dinners" continue to maintain contact and inspiration among Fellows with the last meeting being an informal get together over coffee at the KZNSA gallery.

As part of maintaining inspiration, Gabi and Jabu undertook site visits to Durban, Port Shepstone and to Kokstad's Seven Fountains Primary School and the Shayamoya community. These visits afforded the opportunity to reconnect with and interview Caversham Fellows, so allowing ongoing assessment of the effectiveness of Caversham's CreACTIVE™ Centres initiative.

Spreading Inspiration

At the invitation of Professor Theodora Papatheodorou, Jill Sachs, our eYe Programmes Manager, presented a session at the International Early Childhood Conference held at Anglia Ruskin University in the UK in April this year. The session entitled "Nurturing Inspiration – a Journey to South Africa" gave participants an opportunity to engage with the Caversham Hourglass process in a participatory and creative way. This was very well received and Jill continues to explore partnership opportunities between Anglia Ruskin University, Essex Early Years Services, Caversham Centre and our local collaborators LETCEE (Little Elephant Training Centre for Early Education).



Individual as Inspiration

One memorable teatime on Caversham's veranda during Peter Clarke's first visit, Ros asked him how he drank his tea. In a flash Peter replied "With style, I hope!" And that is how Peter does things: stylishly. Whether with his paintings or with his writing, it is with deep insight and a sense of style that he transports his audience to his world. Born in Simonstown on 2 June 1929 Peter has recently celebrated his 78th Birthday. He remains a productive artist and writer to this day. Having lived most of his life in Cape Town, through the turbulent years of South Africa's history when life took place in strata that seldom crossed in a positive way, Peter forged ahead with his contemporaries such as Albert Adams and James Matthews, winning awards and receiving acclaim for his work, always involving himself in community projects. Peter continues to provide us with his unique perspective on our country.

Writing as Inspiration: Peter Clarke's Notes from Cape Town

During a stay in Oslo in 1978-79, I was struck by the fact that unlike my home territory, the Cape Peninsula in South Africa, where winter is a cold, wet, windy, climatically dramatic season, the snowy Norwegian winter in contrast, is so intensely incredibly quiet. Living here at the Cape of storms, each time a cold front reaches our coastline I am eaten up by envy knowing that folk at Caversham are sitting on the terrace, having tea and scones and conversation, in the sunlight and saying 'oh, God, what a glorious day!' Perhaps, as an afterthought, someone comments, "poor Peter, sloshing through yet another storm at the Cape, agh shame!" In spite of the weather, the local Caversham fraternity remains active. Siphso Hlati, Roderick Sauls and Garth Erasmus have been involved in Art@School Programmes.

Shortly, together with Lionel and myself, we'll be involved in renewing the artwork on the floor map of the District VI Museum in Cape Town. Having left Robben Island and now resident in Muizenberg, Lionel and his Barbara are attending once-a-week life drawing classes in Kalk Bay. On occasion we get together for lunch, drinks and exchange of information (in the process either visiting each other or favourite local restaurant of which there are several in the area).

Last year I spent a few weeks as artist-in-residence at Frank Joubert Art Centre in Rondebosch. The Centre caters for children from various Peninsula Schools. I enjoyed this tremendously. In June I did a 3 day print workshop with Matric students at St Georges Grammar School in Mowbray.

On Saturday 11 August I will be doing a one-day collage bookmaking workshop with a women's group, members of a calligraphic society. It was my 78th birthday on the 2nd June, but it will be a while yet before I retire. People come and visit me, young artists, art enthusiasts, etc. When I don't have to give them my attention, I do my own thing. Right now I am busy writing a Bestiary. This is fun. I cannot say that I am lonely or bored.



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Continuing the connection

Please feel free to share comments with us, either on this newsletter or any topic, as dialogue is essential to Caversham. We can be contacted at the following address:

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